# Vesicular Monoamine Transporter 2 (VMAT2) Inhibitors

#### Goal(s):

- Promote safe use of VMAT2 inhibitors in adult patients.
- Promote use that is consistent with medical evidence.

## Length of Authorization:

- Initial: Up to 3 months
- Renewal: Up to 12 months

## **Requires PA:**

• All VMAT2 inhibitors

### **Covered Alternatives:**

- Current PMPDP preferred drug list per OAR 410-121-0030 at www.orpdl.org
- Searchable site for Oregon FFS Drug Class listed at www.orpdl.org/drugs/

| Approval Criteria |   |   |   |  |  |
|-------------------|---|---|---|--|--|
| 1.                | What diagnosis is being treated?  | Record ICD10 code. Go to #2   |   |  |  |
| 2.                | Is the request for continuation of<br>vesicular monoamine transporter 2<br>(VMAT2) inhibitor therapy previously<br>approved by FFS criteria (patient has<br>completed 3-month trial)?           | Yes: Go to Renewal Criteria   | <b>No:</b> Go to #3   |  |  |
| 3.                | Is the request for a patient 18 years or<br>older with a diagnosis of chorea as a<br>result of Huntington's disease?  | Yes: Go to #4   | No: Go to #6  |  |  |
| 4.                | Does the patient have a baseline total<br>maximal chorea score of 8 or higher as<br>assessed by the Unified Huntington's<br>disease Rating Scale–Total Chorea<br>Movement subscore (UHDRS-TCS)? | Yes: Go to #5<br>Document baseline score:                                       | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |
| 5.                | Has it been determined that the patient<br>does not have uncontrolled depression<br>or at risk of violent or suicidal<br>behavior?  | Yes: Approve for 3 months.  | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |
| 6.                | Is the request for deutetrabenazine or<br>valbenazine in a patient 18 years or<br>older with a diagnosis of moderate to<br>severe tardive dyskinesia?   | <b>Yes:</b> Approve for 3 months.<br>Document baseline modified<br>AIMS* score: | No: Go to #7  |  |  |

| Approval Criteria   |   |   |  |  |  |
|---|---|---|--|--|--|
| 7. Is the request for tetrabenazine in a patient with tics associated with Tourette syndrome?   | Yes: Go to #8   | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |  |
| <ul> <li>8. Has the patient tried and failed an adequate trial of at least 2 of the following guideline directed medications<sup>1</sup>: <ul> <li>a. Clonidine or guanfacine OR</li> <li>b. Topiramate OR</li> <li>c. One of the following antipsychotics: pimozide, aripiprazole or risperidone?</li> </ul> </li> <li>OR <ul> <li>Does the patient have a documented intolerance, FDA-labeled contraindication, or hypersensitivity to the guideline directed medications?</li> </ul> </li> </ul> | Yes: Approve for 3 months<br>Document baseline Yale Global<br>Tic Severity Score (YGTSS)<br>Total Tic Severity (range 0 to<br>50) | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |  |

\* The dyskinesia score for the modified Abnormal Involuntary Movement Scale (AIMS) for numbers 1-7

| Renewal Criteria |   |                      |   |  |
|------------------|---|----------------------|---|--|
|                  | Is the request for a renewal of valbenazine<br>or deutetrabenazine in a patient with<br>tardive dyskinesia?   | Yes: Go to #2        | <b>No:</b> Go to #3   |  |
|                  | Has the patient been taking the requested<br>VMAT2 inhibitor for >3 months and has<br>there been documented evidence of clinical<br>improvement by a reduction in AIMS<br>dyskinesia score from baseline? | <b>Yes:</b> Go to #5 | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |
|                  | Is the request for valbenazine,<br>tetrabenazine or deutetrabenazine in a<br>patient with chorea as a result of<br>Huntington's disease?  | Yes: Go to #4        | <b>No</b> : Go to #6  |  |

| Renewal Criteria   |                            |   |  |  |  |
|--|----------------------------|---|--|--|--|
| 4. Has the patient been taking the requested<br>VMAT2 inhibitor for >3 months and has<br>there been documented evidence of<br>improvement in total maximal chorea score<br>as assessed by the Unified Huntington's<br>disease Rating Scale–Total Chorea<br>Movement subscore (UHDRS-TCS), of at<br>least 2 points from baseline? | Yes: Go to #5              | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |  |
| 5. Has it been determined that the mental status of the patient is stable and there is no indication of uncontrolled depression or risk of violent or suicidal behavior?   | Yes: Approve for 12 months | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |  |
| 6. Is the request for tetrabenazine in a patient with tics associated with Tourette syndrome?  | Yes: Go to #7              | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |  |
| 7. Has the patient been taking tetrabenazine<br>for >3 months and has there been<br>documented evidence of reduced tic<br>severity from baseline as assessed by the<br>Yale Global Tic Severity Score (YGTSS)<br>Total Tic Score (range 0-50) ?  | Yes: Approve for 12 months | <b>No:</b> Pass to RPh.<br>Deny; medical<br>appropriateness |  |  |  |

1. Pringsheim T, Okun MS, Müller-Vahl K, et al. Practice guideline recommendations summary: Treatment of tics in people with Tourette syndrome and chronic tic disorders. *Neurology*. 2019;92(19):896-906.

P&T/DUR Review: 10/23 (DM); 1/2018(KS) Implementation: 11/1/23; 3/1/18