

## Hepatitis C Policy Discussion

### Purpose of the Discussion:

The purpose of this policy discussion is to evaluate necessary changes to the current prior authorization [PA] criteria and preferred drug list (PDL) if the Oregon Health Authority determines it has the fiscal capacity to expand access to all patients with chronic hepatitis C without fibrosis restrictions.

### Recommendation:

- Approve updated prior authorization (PA) criteria (**Appendix 1**).
- After evaluation of comparative costs in executive session, limit Eplusa<sup>®</sup> and Zepatier<sup>®</sup> to genotypes where there are no other treatment options available.

### Background:

Chronic hepatitis C (CHC) infection is the leading cause of complications from chronic liver disease, including cirrhosis, liver failure, and hepatocellular carcinoma (HCC). It is also the leading indication for liver transplantation in the Western world.<sup>1</sup> About 10-20% of people with CHC develop cirrhosis (8-16% of all people infected with HCV), and the time to progress to cirrhosis varies at an average of 40 years.<sup>1</sup> Progression of fibrosis is commonly categorized using METAVIR staging (F0 to F4) with higher scores indicating more severe fibrosis.

The Oregon Drug Use Review/Pharmacy & Therapeutics (P&T) Committee initially prioritized treatment for the fee-for-service population to patients in greatest need of treatment.<sup>1</sup> Limited real-world experience and data, consideration for the number of patients waiting for treatment, limited provider expertise, and the limited number of alternative treatment options in cases of treatment resistance and patient comorbidities all played a role in prioritizing treatment.<sup>1</sup> As more treatment options become available, real world experience increases, and the community standard evolves, the P&T Committee has expanded treatment in a step-wise fashion to patients with less severe disease. Current drug policies in place approve treatment for patients with fibrosis Metavir stage 2 or greater, or patients with extrahepatic manifestations or HIV at any stage of fibrosis, and patients in the setting of solid organ transplant (see **Appendix 1**).

### References:

1. Drug Use Research & Management Program. Class Update with New Drug Evaluations: Hepatitis C Direct-Acting Antivirals. September 2017; [http://www.orpdl.org/durm/meetings/meetingdocs/2017\\_09\\_28/archives/2017\\_09\\_28\\_HepatitisC\\_ClassUpdate.pdf](http://www.orpdl.org/durm/meetings/meetingdocs/2017_09_28/archives/2017_09_28_HepatitisC_ClassUpdate.pdf). Accessed August 24, 2018.

## Hepatitis C Direct-Acting Antivirals

**Goals:**

- Approve use of cost-effective treatments supported by the medical evidence.
- Provide consistent patient evaluations across all hepatitis C treatments.
- Ensure appropriate patient selection based on disease severity, genotype, and patient comorbidities.

**Length of Authorization:**

- 8-16 weeks

**Requires PA:**

All direct-acting antivirals for treatment of Hepatitis C

Approval Criteria		
1. What diagnosis is being treated?	Record ICD10 code.	
2. Is the request for treatment of chronic Hepatitis C infection (B18.2)?	<b>Yes:</b> Go to #3	<b>No:</b> Pass to RPh. Deny; medical appropriateness.
3. Is expected survival from non-HCV-associated morbidities more than 1 year?	<b>Yes:</b> Go to #4	<b>No:</b> Pass to RPh. Deny; medical appropriateness.

## Approval Criteria

<p>4. Has <u>all</u> of the following pre-treatment testing been documented:</p> <ol style="list-style-type: none"> <li>Genotype testing in past 3 years is required if the patient has cirrhosis, <u>any</u> prior treatment experience, and if prescribed a regimen which is not pan-genotypic;</li> <li>Baseline HCV RNA level in past 6 months;</li> <li>Current HBV status of patient</li> <li>Pregnancy test in past 30 days for a woman of child-bearing age; <u>and</u></li> <li>History of previous HCV treatment and outcome</li> <li>Presence or absence of cirrhosis as clinically determined (e.g., clinical, laboratory, radiologic evidence, etc)?</li> </ol> <p>Note: Direct-acting antiviral agents can re-activate hepatitis B in some patients. Patients with history of HBV should be monitored carefully during and after treatment for flare-up of hepatitis. Prior to treatment with a DAA, all patients should be tested for HBsAG, HBsAb, and HBcAB status. HIV testing is also recommended.</p>	<p><b>Yes:</b> Record results of each test and go to #5</p> <p>Note: If the patient has HIV or HBV co-infection, it is highly recommended that a specialist be consulted prior to treatment.</p> <p>Currently treatment is not recommended during pregnancy due to lack of safety and efficacy data</p>	<p><b>No:</b> Pass to RPh. Request updated testing.</p>
<p>5. Which regimen is requested?</p>	<p>Document and go to #6</p>	
<p>6. Does the patient have clinical, radiologic or laboratory evidence of complications of cirrhosis (ascites, portal hypertension, hepatic encephalopathy, hepatocellular carcinoma, esophageal varices)?</p>	<p><b>Yes:</b> Go to #7</p>	<p><b>No:</b> Go to #8</p>

## Approval Criteria

<p>7. Is the regimen prescribed by, OR is the patient in the process of establishing care with or in consultation with a hepatologist, gastroenterologist, or infectious disease specialist?</p>	<p><b>Yes:</b> Go to #8</p>	<p><b>No:</b> Pass to RPh. Deny; medical appropriateness.</p> <p>Recommend prescriber document referral to a specialist prior to initiating treatment.</p>
<p>8. Is there attestation that the patient and provider will comply with all case management interventions to promote the best possible outcome for the patient and adhere to monitoring requirements required by the Oregon Health Authority, including measuring and reporting of a post-treatment viral load?</p> <p>Case management includes assessment of treatment barriers and offer of patient support to mitigate potential barriers to regimen adherence as well as facilitation of SVR12 evaluation to assess treatment success.</p>	<p><b>Yes:</b> Go to #9</p>	<p><b>No:</b> Pass to RPh. Deny; medical appropriateness.</p>
<p>9. Is the prescribed drug:  a) Elbasvir/grazoprevir for GT 1a infection; <u>or</u>  b) Daclatasvir + sofosbuvir for GT 3 infection?</p>	<p><b>Yes:</b> Go to #10</p>	<p><b>No:</b> Go to #11</p>
<p>10. Has the patient had a baseline NS5a resistance test that documents a resistant variant to one of the agents in #16?</p> <p>Note: Baseline NS5A resistance testing is required.</p>	<p><b>Yes:</b> Pass to RPh; deny for appropriateness</p>	<p><b>No:</b> Go to #11</p> <p>Document test and result.</p>
<p>11. Is the prescribed regimen include a NS3/4a protease inhibitor (elbasvir, glecaprevir, simeprevir, paritaprevir, voxilaprevir)?</p>	<p><b>Yes:</b> Go to #12</p>	<p><b>No:</b> Go to #13</p>

Approval Criteria		
12. Does the patient have moderate-severe hepatic impairment (Child-Pugh B or Child-Pugh C)?	<b>Yes:</b> Pass to RPh; deny for appropriateness	<b>No:</b> Go to #13
13. Is the prescribed regimen for the retreatment after failure of a DAA due to noncompliance or lost to follow-up?	<b>Yes:</b> Pass to RPh; Deny and refer to medical director for review	<b>No:</b> Go to #14
14. Is the prescribed drug regimen a recommended regimen based on the patient's genotype, treatment status (retreatment or treatment naïve) and cirrhosis status (see <b>Table 1</b> )?	<b>Yes:</b> Approve for 8-16 weeks based on duration of treatment indicated for approved regimen	<b>No:</b> Pass to RPh. Deny; medical appropriateness.

P&T Review: 11/18; 9/18 (MH); 1/18; 9/17; 9/16; 1/16; 5/15; 3/15; 1/15; 9/14; 1/14  
Implementation: TBD; 1/1/2019; 3/1/2018; 1/1/2018; 2/12/16; 4/15; 1/15