

## Droxidopa (Northera®)

**Goal(s):**

- To optimize appropriate pharmacological management of symptomatic neurogenic orthostatic hypotension.

**Length of Authorization:**

- Initial: 14 days
- Renewal: 3 months

**Requires PA:**

Non-preferred drugs

**Covered Alternatives:**

- Preferred alternatives listed at [www.orpdl.org](http://www.orpdl.org)

Approval Criteria		
1. What diagnosis is being treated?	Record ICD10 code.	
2. Does the patient have a diagnosis of symptomatic orthostatic hypotension (ICD10 I951) due to primary autonomic failure (Parkinson’s disease, multiple system atrophy or pure autonomic failure), dopamine beta-hydroxylase deficiency, or nondiabetic autonomic neuropathy? (ICD10 G20; G230-232, G238; E700,E7021-7030, E705,E708,E710, E7040,E71120,E7119, E712, E7210, E7211,E7219, E7200-7201, E7204, E7209, E7220, E7222, E7223, E7229, E723, E728; G9001,G904, G909, G9009, G9059, G90519, G90529, G990)	<b>Yes:</b> Go to #3	<b>No:</b> Pass to RPH. Deny for medical appropriateness.
3. Is the patient currently receiving antihypertensive medication?	<b>Yes:</b> Pass to RPH. Deny for medical appropriateness.	<b>No:</b> Go to #4
4. Does the patient have a documented trial of appropriate therapy with both fludrocortisone and midodrine?  Message: Preferred products are evidence-based reviewed for comparative effectiveness and safety by the Pharmacy and Therapeutics Committee.	<b>Yes:</b> Approve for up to 14 days.	<b>No:</b> Inform provider fludrocortisone and midodrine are both covered alternatives. If justification provided for not trying alternatives (contraindications, concern for adverse effects, etc.), approve for up to 14 days.

## Renewal Criteria

1. Is this the first time the patient is requesting this renewal?	<b>Yes:</b> Go to #2.	<b>No:</b> Approve for up to 3 months.
2. Does the patient have documented response to therapy (e.g., improvement in dizziness/ lightheadedness)?	<b>Yes:</b> Approve for up to 3 months.	<b>No:</b> Pass to RPH; Deny for medical appropriateness.

*P&T / DUR Action:* 1/29/15 (AG)  
*Implementation:* 10/15