

# Insulins

**Goal:**

Provide evidence-based and cost-effective insulin options to patients with diabetes mellitus.

**Length of Authorization:**

- Up to 12 months

**Requires PA:**

- Non-preferred insulins
- Select preferred insulin pens (Novolin® 70/30 and Humulin® 70/30)

**Covered Alternatives:**

- Current PMPDP preferred drug list per OAR 410-121-0030 at [www.orpdl.org](http://www.orpdl.org)
- Searchable site for Oregon FFS Drug Class listed at [www.orpdl.org/drugs/](http://www.orpdl.org/drugs/)

Approval Criteria		
1. What diagnosis is being treated?	Record ICD10 code	
2. Will the prescriber consider a change to a preferred product?  <u>Message:</u> Preferred products are reviewed for comparative effectiveness and safety by the Oregon Pharmacy & Therapeutics Committee	<b>Yes:</b> Inform prescriber of covered alternatives	<b>No:</b> Go to #3
3. Is the request for an insulin pen or cartridge?	<b>Yes:</b> Go to #4	<b>No:</b> Approve for up to 12 months
4. Has the patient tried and failed or have contraindications to any of the preferred pens or cartridges?  Note: Documentation of trial and failure or contraindication to a long-acting or basal preferred product is required for non-preferred long-acting or basal insulin requests.	<b>Yes:</b> Go to #5	<b>No:</b> Pass to RPh; deny and recommend a trial of one of the preferred insulin products

## Approval Criteria

<p>5. Will the insulin be administered by the patient or a non-professional caregiver <b>AND</b> do any of the following criteria apply:</p> <ul style="list-style-type: none"><li>• The patient has physical dexterity problems/vision impairment</li><li>• The patient is unable to comprehend basic administration instructions</li><li>• The patient has a history of dosing errors with use of vials</li><li>• The patient is a child less than 18 years of age?</li></ul>	<p><b>Yes:</b> Approve for up to 12 months</p>	<p><b>No:</b> Pass to RPh; deny for medical appropriateness</p>
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*P&T / DUR Review: 6/24 (SF); 2/20(KS); 9/19; 11/18; 9/17; 3/16; 11/15; 9/10*  
*Implementation: 11/1/2019; 11/1/17; 10/13/16; 1/1/11*